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EXPRESS-NEWS

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COURTESY PHOTO

Salty-sweet goodies

What: Wackym's Kitchen Salted Caramel Cookies

Where: Central Market cookie aisle or wackymskitchen.com

Cost: \$5.99 for a 9-ounce package

Info: I'll admit it — I'm absolutely, 100 percent hooked on Wackym's Kitchens' Salted Caramel Cookies. These crispy brown sugar/butter cookies, topped with a generous sprinkle of sea salt, are beyond addictive and less caloric than many cookies. Expert baker Paul Wackym of Dallas developed the sweetly salty cookies and began selling them at farmers markets after being laid off as Neiman Marcus' product development manager. His creative flair shows in both the cookies and their packaging. Salted Caramel is his most popular flavor, followed by Margarita (also salted). He also offers Ginger Orange, Lemon, Cornmeal Rosemary Shortbread and Chocolate Snicker Doodle. They contain no artificial flavorings or preservatives. They're all good, but my heart belongs to the Salted Caramel.

— Karen Haram