

edible DALLAS & FORT WORTH

Celebrating local, fresh foods in Dallas, Fort Worth and North Texas—Season by Season

No. 5 Spring 2010



TIPS FOR A SUSTAINABLE KITCHEN • CUSTOM COOPS & CHICKENS
GREENHOUSE GROWN • RESTAURANT REVOLUTION • KIDS CAN COOK

Member of Edible Communities



Every year the readers of Edible Communities magazines vote for the *Local Heroes* in each of their regions. The winners represent those individuals and businesses that make significant contributions to their local food communities. Please join us in congratulating the *Local Heroes* representing our region, Dallas & Fort Worth. And be sure to vote next year for your favorite *Local Hero*.

FARM/FARMER:

J.T. Lemley, Lemley's Produce & Plants, Canton, TX

CHEF/RESTAURANT:

Potager, Chef Cynthia Chippindale, 315 S Mesquite St, Arlington, TX

FOOD ARTISAN:

Paul Wackym, Wackym's Kitchen, www.wackymskitchen.com

BEVERAGE ARTISAN:

Rahr & Sons Brewery, 701 Galveston Avenue, Fort Worth, TX,
www.rahrbrewery.com

NON-PROFIT

The Gleaning Network of Texas, P.O. Box 7103, Dallas, TX,
www.gleantexas.org